

Suicide Information & Education Services

Suicide Information & Education Services is a non-profit organization dedicated to ensuring that Red Deer and the communities in Central Alberta have access to education, information and referral services related to suicide. We provide age-appropriate educational presentations for grades K-12, college students, and adult groups using a variety of mediums, including puppets, music, interaction, video and discussion.

Educational Programs

Kindergarten—Grade 2

“Full Esteem Ahead”

30 Min

Through the use of puppets, music and child/adult interaction, this presentation focuses on expressing feelings and talking about them with trusted adults.

Native Youth Gr. 7-12

“Pakoseyimowin”

60-80 Min

Targets issues related to suicide in Native communities and specifically affecting Native youth.

Grades 3-6

“In Real Life”

30 Min

Students identify the challenges in “real life”, the feelings associated with them, and ideas for coping.

College Students/Adults

2-6 Hours

Customized suicide awareness presentations geared toward professionals, adult groups, employment training, and community agencies. This includes a program called “Blueprint for Success” which is specific to men working in the trades and industrial sectors.

Grades 7-8

“Lifesavers 101”

60 Min

Students learn to identify personal resiliency builders, warning signs of suicide, and how to help themselves or a friend.

Applied Suicide Intervention Skills Training

“ASIST”

2 Days

An internationally recognized workshop for anyone who may come into contact with a person-at-risk of suicide, including mental health workers, students, teachers, police, counsellors, and volunteers.

Grades 9-12

“Choices”

60-80 Min

Students learn the warning signs of suicide and how to help themselves or a friend.

User Fees

Mileage:

All areas outside of Red Deer are subject to a travel fee of \$0.50/km.

Honorariums:

Honorariums are always greatly appreciated. All monies go toward the continued delivery and improvement of our programs.

Facilitator Fee:

There is no fee for the K-12 facilitator. The Adult Program Facilitator charges an hourly rate.

Photocopying:

Handouts will be the responsibility of the organizing party.